

# A Weekly One-Year Bible Study from Genesis to Revelation

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*Using Psalm 23 as the Context*

**"The Lord is my shepherd; I shall not want..."**

**Psalm 23:1**

Purpose: to read the whole Bible as one shepherding story - the Lord creates, leads, restores, protects, provides, disciplines, blesses, and finally brings His people home.

Use Psalm 23 each week as your interpretive lens. Read it aloud first, then read the assigned passages and ask how that week's text shows the heart and work of the Shepherd.

## How to Use This Study

- Read Psalm 23 aloud at the beginning of each study.
- Read the assigned Bible passages for the week.
- Answer four questions: What does this text show about God as Shepherd? What does it show about people in need of Him? Which phrase from Psalm 23 best fits this week? How should I trust, obey, or follow God this week?
- Close in prayer using one line from Psalm 23.

## Psalm 23 Themes for the Full Year

Psalm 23 phrase	Bible-wide emphasis
The Lord is my shepherd	God is personal, present, and faithful.
I shall not want	The Bible presents God as the true provider.
He restoreth my soul	Scripture tells one long story of restoration.
Paths of righteousness	God saves His people and teaches them how to walk.
Thou art with me	The Lord does not abandon His people in the valley.
Goodness and mercy shall follow me	God's covenant love pursues His people.
I will dwell in the house of the Lord forever	The goal of the Bible is life with God forever.

## 52-Week Reading Plan

**Format:** Each week includes the main readings, a Psalm 23 phrase, and a theme sentence for focus.

Week	Focus	Readings	Psalm 23 focus	Theme
1	Creation and the Good Shepherd's Provision	Genesis 1-2	I shall not want	God creates a world of abundance, order, and care.
2	The Fall and the Need for Restoration	Genesis 3-4	He restoreth my soul	Sin breaks fellowship, but God begins the work of seeking and restoring.
3	Judgment, Mercy, and Preservation	Genesis 6-9	Though I walk through the valley	God preserves life and carries Noah through judgment.
4	God's Call to Follow	Genesis 12, 15, 17, 22	He leadeth me	Abraham learns to follow the Shepherd by faith.
5	God Provides What Is Needed	Genesis 24; 37; 45; 50	I shall not want	God provides guidance, protection, and purpose even through suffering.
6	God Hears the Cry of His People	Exodus 1-4	The Lord is my shepherd	God sees, hears, and comes down to deliver.
7	Redemption through the Passover	Exodus 11-14	Valley of the shadow of death	God brings His people through death into life.
8	Bread, Water, and Daily Provision	Exodus 15-17	Green pastures and still waters	God feeds and refreshes His people in the wilderness.
9	God Gives His Ways	Exodus 19-20; 32-34	Paths of righteousness	The Shepherd rescues and then teaches His people how to live.
10	God Dwells with His People	Exodus 35-40	Thou art with me	The tabernacle shows God's desire to remain among His people.
11	Holy Access to a Holy God	Leviticus 16; 17; 19	For his name's sake	Restoration requires atonement and holiness.
12	Blessing, Obedience, and Reverence	Leviticus 26; Numbers 13-14	Paths of righteousness	Trust means believing God more than fear.
13	The Bronze Serpent and Healing Grace	Numbers 20-21	He restoreth my soul	God heals those who look to His provision in faith.
14	Remembering the Shepherd Before the Land	Deuteronomy 6; 8; 30	I shall not want	Abundance can make people forget the Shepherd.
15	Crossing into Promise	Joshua 1; 3-4	He leadeth me	God leads His people into a new chapter with courage.
16	Victory by Faith, Not Self-Reliance	Joshua 6-8	Thy rod and thy staff	Obedience brings victory; rebellion

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				brings trouble.
17	Rest in the Inheritance	Joshua 21-24	Goodness and mercy shall follow me	God fulfills His promises and calls for covenant loyalty.
18	When Everyone Does What Is Right in Their Own Eyes	Judges 2; 6-8; 13-16; 21	Contrast: paths of righteousness	Without faithful shepherding, people wander into ruin.
19	God's Faithful Kindness in Ordinary Life	Ruth 1-4	Goodness and mercy shall follow me	God's loyal love works quietly through faithful people.
20	Hearing the Shepherd's Voice	1 Samuel 1-3; 8	The Lord is my shepherd	God calls Samuel while Israel struggles to trust Him as King.
21	David and the Shepherd-King	1 Samuel 16-17; Psalm 23	The whole psalm	David's shepherd experience deepens his trust in God.
22	God Establishes His King	2 Samuel 5-7; Psalm 78:70-72	For his name's sake	God centers His kingdom purposes in the shepherd-king.
23	Worshiping in God's Presence	2 Samuel 24; 1 Chronicles 21-22	Thou art with me	God's presence is holy, costly, and life-giving.
24	Solomon's Wisdom and the House of God	1 Kings 3; 8	I will dwell in the house of the Lord	The temple points to God dwelling among His people.
25	When the Heart Wanders	1 Kings 11-12	Contrast: He leadeth me	Even blessed people drift when they stop following the Shepherd.
26	Prophets Call the Sheep Back	1 Kings 17-19; 2 Kings 17	He restoreth my soul	God sends prophets to call wandering people back.
27	Trust in Crisis	2 Kings 18-19; Isaiah 36-37	I will fear no evil	God defends His people when they trust Him.
28	Comfort for the Exiles	Isaiah 40; 43; 53	Gathering the lambs	God promises comfort, pardon, and a suffering servant.
29	The Lord Condemns False Shepherds	Jeremiah 23; Ezekiel 34	The Lord is my shepherd	Human shepherds fail, but God promises to shepherd His flock Himself.
30	Hope in Exile	Daniel 1; 3; 6	Thou art with me	Even in exile, God remains present and faithful.
31	Return to the Land	Ezra 1; 3; 6	Goodness and mercy shall follow me	God brings His people back and restores worship.
32	Rebuilding with Opposition	Nehemiah 1-6	Thy rod and thy staff	God strengthens His servants in hard work and opposition.

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33	Renewal through the Word	Nehemiah 8-9	He restoreth my soul	God restores His people through repentance and His word.
34	Wisdom for Life under God	Proverbs 3; 4; Ecclesiastes 12	Paths of righteousness	The Shepherd teaches wise living in a confusing world.
35	The Shepherd in the Psalms	Psalms 1; 19; 23; 27; 46	All phrases	The Psalms train the heart in worship, trust, and confidence.
36	Suffering, Trust, and Praise	Psalms 42; 51; 73; 84	He restoreth my soul	God meets people in guilt, confusion, thirst, and longing.
37	Love, Covenant, and Faithfulness	Song of Solomon 2; Hosea 1-3	Goodness and mercy	God's covenant love pursues even the unfaithful.
38	Justice, Mercy, and Walking with God	Micah 6; Amos 5; Habakkuk 3	For his name's sake	The Shepherd cares about justice and faithful living.
39	The Coming of the Shepherd	Luke 1-2; Matthew 1	The Lord is my shepherd	The Shepherd enters human history in Jesus.
40	The Shepherd in the Wilderness	Matthew 3-4	Paths of righteousness	Jesus walks the path of obedience where Israel failed.
41	Teaching, Healing, and Compassion	Matthew 5-7; 9:35-38; Mark 6:34	Green pastures and still waters	Jesus feeds, teaches, and cares for the sheep.
42	The Good Shepherd	John 10; Luke 15	The whole psalm fulfilled in Christ	Jesus knows His sheep and lays down His life for them.
43	The Valley of the Shadow of Death	Matthew 26-27; Psalm 22	Yea, though I walk through the valley	Jesus enters the deepest valley for His sheep.
44	Resurrection and Restoration	Matthew 28; John 20-21	He restoreth my soul	The risen Christ restores fearful and failing disciples.
45	Ascension and the Promise of the Spirit	Luke 24; Acts 1	Thou art with me	Christ reigns and does not leave His people alone.
46	The Church Is Born	Acts 2; 4; 6	My cup runneth over	The Spirit fills the church with life, power, and generosity.
47	Saved by Grace, Led into New Life	Romans 5; 8; 12	No want, no fear, right paths	Believers are justified, adopted, and led by the Spirit.
48	The Body of Christ	1 Corinthians 12-13; Ephesians 4	Thou preparest a table before me	God gathers and nourishes His people together.
49	Strength in Suffering	2 Corinthians 4-5;	I will fear no evil	Christ's presence and

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		Philippians 3-4		future glory steady suffering believers.
50	Christ Above All	Colossians 1; Hebrews 1; 4; 13:20-21	The great shepherd of the sheep	Jesus is supreme, sufficient, and the great Shepherd.
51	Faithful Living in a Hard World	James 1; 1 Peter 5; 1 John 3-4	Thy rod and thy staff; goodness and mercy	Believers are called to endure, love, and remain under God's care.
52	Dwelling Forever with God	Revelation 1; 5; 7; 21-22	I will dwell in the house of the Lord forever	The Bible ends with God dwelling with His people forever.

## Suggested Weekly Closing Prayer

**Example:** “Shepherd of my soul, lead me in Your paths this week. Restore what is weak, calm what is fearful, and help me trust Your goodness and mercy.”

## Monthly Memory Plan

Months	Memory focus
1-6	Memorize Psalm 23 one verse at a time.
7-12	Review the full psalm regularly and pray it back to the Lord.